

Upcoming Dates

Apr 12: Parent-Teacher evening
Apr 13: Parent-Teacher morning (no classes)
Apr 30: Teacher in-service (no classes)

Matheson Elementary School:

April 6: Kindergarten Grad Photos
April Soccer Schedule
Mondays: Grade 3 and 4
Wednesdays: Grades 1 and 2
April 20: Look Alike Day
April 24: Hot Lunch Day

Middle School:

April 6: Grade 8 Grad Photos
April Soccer Schedule
Tuesdays: Grades 6 and 7
Thursdays: Grades 5 and 8
April 26: Croissant Lunch

High School:

April 5: Grad Photos
April 23-27: Spiritual Emphasis Week



Nutrition Month in the Elementary

The month of March was an exciting one in the Elementary, as we focused on healthy eating and nutritious food choices.

Students received two healthy snacks each week, and were exposed to fantastic, great tasting foods such as: bananas and yogurt, smoothies (made with spinach), hummus and carrots, cheese, cucumber and cherry tomato kabobs, and kept track of their healthy food choices on a class chart.

Students were also treated to a special appearance by "Jean Bean" (also known as Mrs. Pledger) during lunch hours, who explained the value in choosing nutritious foods and the benefits of eating healthy.



Twice a week, student's knowledge about healthy foods was put to the test in a skill-testing question (did you know that cilantro is a member of the carrot family, or that broccoli contains twice the vitamin C as an orange?).

As a wind-up, students dressed in the colours of the rainbow to help reinforce the fact that the best way to eat is to eat a variety of vegetables of different colours.

A special thanks to Mrs. Pledger and Mrs. Ringham for organizing Nutrition month, and a huge thank you to Mrs. Faria for her expert knowledge in nutrition!

So the next time your child is hungry for a snack, reach for that healthy jicama or nutritious avocado! Your child will thank you for it!

- Mrs. Dyck



The junior varsity girls basketball team with coach Cam Kroeker.

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Grade 7 and 8 Students Hit the Slopes

Early in the morning on Thursday, March 15th, we packed up the bus and were on our way. We arrived to find out that we were the only school group at the hill that day - we nearly had the place to ourselves. Most students chose to go skiing, while about a dozen students decided to try snowboarding - some for the first time. Around 2pm, the ski-lift stopped running and the resort informed us that the problem wouldn't be able to be resolved that day. Undeterred, and with no complaints from our students, many of them chose to ride the "carpet", a moving rubber belt which you could stand on to get to the top of the bunny hill, about 1/3 of the way up one of the hills. A number of students and I decided we would climb the entire hill ourselves to be able to ski from the very top again. Some of the students made the trek multiple times. All-in-all it was a great day and the students have already said they are ready to go back again next year.



- Nathan Stetski

Welcome to Mrs. Peters

I have been substitute teaching in various classrooms at Faith Academy this year and have enjoyed getting to know the students and staff. There is a positive energy that exists in the school, and I am excited to be a part of it. I grew up as an "air force brat", which took me all over the world, including Taiwan and England and various southern US states, such as Texas and Mississippi. I have lived in Winnipeg for 29 years (married for 28), and this now feels like home to me. I have four children, from the ages of 15-23, which has led to a very active family life.



One of my favourite ways to spend weekends and evenings is to be in the gym or on the field cheering them on in basketball, volleyball and football. I also love camping and hiking. We have camped a lot as a family, beginning when my children were toddlers. Our favourite places to camp are Blue Lake and Rushing River (in Ontario), and we make it a priority to get to at least one of them every summer. My husband is an architect and, we have enjoyed doing renovations and projects around our home. He does the designing and building part, and I am often the "finisher", which usually involves sanding, staining and painting. Our home church is Riverwood Church Community, where we have been attending the past three years.

- Mrs. Jennifer Peters (Mrs. Peters began teaching the grade 6 class after March break)

High School Basketball Re-cap

March marked the end of the basketball seasons for all 3 Faith Academy High School teams. This year featured boys junior varsity and varsity teams and a girls junior varsity team. All 3 teams played their final games in the playoffs with the Boys' varsity team and the Girls JV team playing into the division semifinals losing close games. There were a lot of noteworthy moments and achievements but having had the opportunity to work with all 3 teams here are some of my favourites:

I enjoyed seeing a new junior varsity team have a lot of focus and discipline as they learned a new system and concepts. They played hard and continued to work on doing things the right way. There were improvements as the year went along and I look forward to seeing good things from them in the future.

Parents, referees and coaches saying how much they admired our team's play and say how well they were treated by players from our school. Our school was represented well.

A senior who had no previous basketball experience commit to getting better and making others better. He did this by making practices, serving others and being the biggest cheerleader on the team even though he got minimal playing time. The humility, selflessness and commitment made by this player was a big boost for the team this year. The first point he made on a free throw produced some of the biggest cheers from the bench we got all year.

I saw 7 seniors play their hearts out and lose a very well played game by 2 in the league semifinals. They showed great sportsmanship and supported each other until the very end. There were some tears shed after they realized that this was the end of their season and high school basketball careers. These gentlemen made sacrifices and committed themselves to making not just each other better players but also better people.

A girls' team that continued to play games and do well in spite of having only 5 or 6 players on most game nights. It was nice to see different girls step up to make sure we had enough to play especially from those who did not have previous basketball experience. I hope to see more girls step up and make solid teams in the future.

There are probably more highlights but a few people that should not go unnoticed are the coaches that make the teams possible. The basketball season can be a long one, and the time and effort that our coaches put into this program are very much appreciated. These coaches are Dave and Jeremy Bagay (varsity Boys), Cam Kroeker (Junior Varsity Girls), and Greg McGraw and Jeremiah Balbin (Junior Varsity Boys)

- Mr. Bagay

Grade 12 Camp Arnes Retreat



The Grade 12 Camp Arnes Retreat was certainly a great experience. Being with the whole grade for three days encouraged us to have fellowship with not only the people we are close with, but also with the people we don't usually talk with. When there was free time, some of us spent time outside walking on the frozen lake, playing soccer, or just walking around the wonderful camp. Wandering on the frozen lake was definitely a calming and breathtaking experience. We also spent a lot of our free time indoors playing games and spending quality time with each other. During the day, we participated in activities like swimming, human foosball, broomball and indoor cooperative games hosted by Mr. Kroeker. Most importantly, we spent time with God individually. This definitely helped us get recharged spiritually, physically, mentally and emotionally. This quiet time also helped us gain a greater understanding of His plans, calling and gifting upon our lives. On the second day, we had a costume dinner party where we dressed up as video game characters. Even if some of us had to run back to the cabin in our swimming outfits (forgetting to bring extra clothes to the pool) during the cold winter nights, the chapel messages and worship reignited the fire in our hearts for God. Since this is our last high school retreat, these three fun-filled days of spending time with one another and with God will surely be remembered.

- Micah Herrera (grade 12)

Making an Impact in the Elementary

Sara Traver has been a very welcome addition to our Elementary community this year. Her warm, friendly personality has made her a tremendous asset to our EA support staff.



Sara and her husband Billy, have three children; Cheyanne (grade 7), Martin (grade 1), and Stephanie (who will be entering Kindergarten in the Fall). She enjoys spending quality time with her family and is an active and supportive member of the Salsa Explosion Dance Studio, where Cheyanne and Martin dance.

Sara is always goes above and beyond; whether it is designing props for I Love to Read Month, organizing and filing our Home Reading Program (on her own time), or filling hampers for families in need at Christmas, Sara is always looking to do more.

Thank you Mrs. Traver for your continuous support and your invaluable contributions to our Faith Academy Elementary Team!

- Mrs. Dyck